

**Lecture program – Prevention of oral diseases
IV year, VII semester (winter semester) 2026-2027**

**Assoc. Prof. R. Gigova, DM
Assoc. Prof. P. Bakardjiev, DM
Assoc. Prof. H. Tankova, DM
Tuesday 11.30 – 13.00 h, 1st w - 5th Hall,**

15 h lectures

6 lectures (the duration of each lecture is 2 hours)

1 lecture (the duration of lecture is 3 hours)

Ist lecture – 2 h.

15.09.2026

Nutritional prevention and oral health.

IInd lecture - 2 h.

29.09.2026

Carbohydrate nutrition and tooth decay

IIIrd lecture- 2 h.

13.10.2026

Assessment of the risk of caries and periodontal diseases.

IVth lecture -2 h.

27.10.2026

Oral Health Promotion

Vth lecture -2 h.

10.11.2026

Prevention of oral diseases in children with various disabilities.

VIth lecture -2 h.

24.11.2026

Materials used for the purposes of dental prophylaxis.

VIIth lecture -2 h.

08.12.2026

Modern aspects in the prevention of oral diseases.

Class Program - Prevention of Oral Diseases
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1st class – 2 hours **14.09 - 25.09.2026**
Fluoride prevention.

2nd class – 2 hours **28.09-09.09.2026**
Preventive sealing of fissures and remineralizing therapy.

3rd Class – 2 hours **12.10 - 23.10.2026**
Examination of a child and assessment of the caries risk

4th Class – 2 hours **26.10 - 06.11.2026**
Nutritional prevention

5th Class – 2 hours **09.11 - 20.11.2026**
Practical work with a patient. Discussion of preventive programs.

6th Class – 2 hours **23.11 – 04.12.2026**
Practical exam on a patient

7th Class – 2 hours **07.12 – 18.12.2026**
Practical exam – continuation

8th class – 2 hours **21.12 – 30.12.2026**
Certification of the semester