

PROGRAMME

SCHEDULE OF LECTURES & EXERCISES OF MEDICAL PSYCHOLOGY – II YEAR – 2025/2026 – WINTER SEMESTER

DATES	GROUPS	LECTURES	EXERCISES
15.09.25 – 26.09.25	17-28	Origin and development of psychology as a science. Purpose, task and methods.	Introduction and history of psychology. Application of medical psychology in dental practice.
29.09.25 – 10.10.25	17-28	Developmental psychology- childhood, adolescent and adult development, life cycle, age crises and development tasks.	Personality and comparative psychology. Basic theories of personality. Character types and personality tests.
13.10.25 – 24.10.25	17-28	Stress. Stress as a way of life. Cognitive theory of stress.	Life cycle. Age crises. Main tasks in development.
27.10.25 – 07.11.25	17-28	Stress in dental practice. Professional burnout syndrome.	Sources of stress in dental practice. Burnout syndrome.
10.11.25 – 21.12.25	17-28	Psychopathology and psychotherapy. Psychology of health and disease.	Anxiety disorders. Dental phobia – main characteristics and coping strategies. Cognitive- behavioral psychotherapy.
24.11.25 – 05.12.25	17-28	Basics of communication. Conflictology – essence, types of conflicts and conflict management..	Basics of communication in dental practice – verbal and non-verbal communication.
08.12.25 – 19.12.25	17-28	Communication in dental practice. Typology of conflicts in dental practice – approaches to coping.	Role- playing games to manage stress in dental practice and basic principles of proper verbal and non- verbal behavior.

Lecture of Medical Psychology – WEDNESDAY 11³⁰ – 13⁰⁰; 2ND week, 2nd D.Hall
Lecturer: Prof.Dr. Boyko Bonev, PhD

Head of Department “Dental Public Health”
Prof. Dr. Boyko Bonev, PhD

