

SCHEDULE

FOR LECTURES AND PRACTICAL EXERCISES IN MEDICAL PSYCHOLOGY FOR II YEAR DENTAL STUDENTS, WINTER SEMESTER 2024/2025 ACADEMIC YEAR

DATE	GROUPS	LECTURES	EXERCISES
23.09.24 - 04.10.24	17-28	Origin and development of psychology as a science. Purpose, tasks, and methods.	Introduction & history of psychology. Application of medical psychology in dental practice.
07.10.24 - 18.10.24	17-28	Developmental psychology - childhood, adolescent, and adult development, life cycle, age crises and development tasks.	Personality & comparative psychology. Basic theories of personality. Character types and personality tests.
21.10.24 - 01.11.24	17-28	Stress. Stress as a way of life. Cognitive theory of stress.	Life cycle. Age crises. Main tasks in development.
04.11.24- 15.11.24	17-28	Stress in dental practice. Professional burnout syndrome.	Sources of stress in dental practice. Burnout syndrome.
18.11.24 - 29.11.24	17-28	Psychopathology and psychotherapy. Psychology of health and disease.	Anxiety disorders. Dental phobia - main characteristics and coping strategies. Cognitive-behavioral psychotherapy.
02.12.24 - 13.12.24	17-28	Basics of communication. Conflictology - essence, types of conflicts & conflict management.	Basics of communication in dental practice - verbal and non-verbal communication.
16.12.24 - 03.01.25	17-28	Communication in dental practice. Typology of conflicts in dental practice - approaches to coping.	Role-playing games to manage stress in dental practice and basic principles of proper verbal and non-verbal behavior.

Lectures: Wednesday, 2w., 11³⁰ – 13⁰⁰, IInd hall, FDM

Lecturer: Prof. Dr Boyko Bonev, PhD; Assoc. Prof. Dr Nadya Avramova, PhD

**HEAD OF DEPT. OF DENTAL PUBLIC HEALTH:
Prof. Dr Boyko Bonev, PhD**