

MEDICAL PSYCHOLOGY

THE LECTURE TEACHING SEMESTERS:

1. History of psychology - Wundt, Behaviorism, Gestalt psychology, Sigmund Freud, Carl Gustav Jung, Alfred Adler, Maslow
2. Major theories of personality - Lowen's personality types, the typology of Andrew Samuels
3. Development of personality - Child and Adolescent Development Psychology adult - life, age crisis and development tasks.
4. Anxiety and stress - causes resistance to stress, sources of stress in the dental practice (patient and dental team). Dental phobia.
5. Relationships in the dental practice: team; doctor-patient
6. Psychopathology and Psychotherapy - Mental Health, Approaches to Psychotherapy.
7. Communication and Barriers to Effective Communication in Dental Medicine.

EXERCISES per semester:

1. History of Psychology. Psychology in Dentistry.
2. Theories of Personality. Personality Types and Tests for personality Assessment.
3. Life Cycle and Stages, Age Crises and Developmental Tasks
4. Stress in Dental Medicine. Burnout Syndrome
5. Communication in Dentistry – Verbal and Nonverbal Communication.
6. Dentist-Patient Communication. [Therapeutic Communication Techniques](#)
7. Team-Building Lessons for Improving Communication Skills in the Dental Office.